

Program

Tuesday the 14th

10:00 – 12:00	Arrival
11:30 – 12:00	Guided tour at Musholm Ferie – Sport and Conference
12:00 – 13:00	Lunch
13:00 – 13:15	Welcome
13:15 – 14:45	Keynote and practical workshop /shared activities <i>Let's Move – Flow, Feelings & Joyful Communication. A taste of Movementpsychology and the 7 levels of movement.</i> Helle Winther, Associate Professor PhD., Department of Nutrition, Exercise and Sports, University of Copenhagen
14:45 – 15:15	Coffee-break
15:15 – 17:15	Parallel session A

<p>A1</p> <p><i>Activities for children with muscular dystrophy - a project in cooperation with the University College VIA</i> Rikke Kaalund, Muskelsvindfonden and Grethe Sandholm UC Via 2 hours</p>	<p>A2a</p> <p><i>Assistive devices</i> Viljar Aasan, Beitostölen, Norge 30 minutes</p> <p>A2b</p> <p><i>An update of the APA equipment rental system run by VAU, Finland</i> Aija Saari, PhD Research Manager Finnish Sport Association of Persons with Disabilities 30 minutes</p> <p>A2c</p> <p><i>Team-Tvilling (Team-Twins)</i> Helle Winther, Associate Professor PhD. And Anne-Merete Kissow, consultant, PhD. Videnscenter om Handicap 30 minutes</p>	<p>A3</p> <p><i>A presentation of Skjoldungeklubben and examples of outdoor activities</i> (outdoor workshop)</p> <p>Sanne Jensen (owner of the company 'Idræt og Friluftsliv'), Morten Kjellmann (Save the Child DK) and Tine Soulié (Handicapidrættens Videnscenter) 2 hours</p>
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17:15 – 18:00

Free time

18:00 – 19:00

Dinner

19:00 – 21:00

Naturebased Health Interventions

Susanne Rosenild; Biologist, Social Worker and Nature Ranger

Presentation: Guiding in nature as an empowering health promotion for adult citizens with physical, mental or social health issues.

Activities outdoor: We all gather on the beach for fun social activities, cosy bonfires, calming nature experiences, wild food tastings, warm drinks and nature storytelling.

Wednesday the 15th

08:00 – 09:00

Breakfast

09:00 – 09:45

Keynote

How to build an upside-down pyramid?

The story about how **one** man's requirement for a better wheelchair to his street-race gave birth to a epoch-making sports tool and, as time passed, cleared the way for a new official Paralympic athletic discipline: RaceRunning.

Connie Hansen.

9-double paralympic champion in wheelchair-race 1984-1992.

Co-worker on the first ISOD/IPC Functional Athletics Classification

Member at large of the first IPC Athletes Committee

Director of CEO BY CONNIEHANSEN, RaceRunners and gait-equipment.

Occupational therapist, Sports coach. Head of the Athletes-committee,

and Member at large of the business-committee Parasport Denmark

Member IPC Hall of Fame 2008

10:00 – 12:00

Parallel session B

B1	B2	B3
B1a	B2a	Symposium
<i>APA-Certification of homes for people with psychiatric disabilities</i>	<i>Fitness for All</i>	<i>News, values and visions for clubs with Parasports and other APA-activities</i>
Lisbeth Crafacck, consultant, Idræt for sindet, DAI	Christian Røj Voldby	Peter Kock Hansen, development manager,
30 minutes	B2b	

<p>B1b <i>Outdoor rehabilitation</i> Lisbeth S. R. Dueholm, Physiotherapist, Valnesfjord Helsesportssenter, Norge 30 minutes</p> <p>B1c <i>APA-project</i> Lotta Nylund, Soveli, Finland 30 minutes</p>		<p>Parasport DK Trine Ravn, Idrætsforeningen Espelunden DK Aija Sari, Finnish Sport Association of Persons with Disabilities Karin/ Göran Parasport SE ?NIF, No</p>
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12:00 – 13:00

Lunch

13:00 – 15:00

Marketplace

*Activities &
Exhibitions*

15:00 – 17:00

Free time

17:00 – 18:00

Cultural event

18:00 – 20:00

Dinner

20:00 – 21:00

Nordic Young Folkmusic and dance

Thursday the 16th

08:00 – 09:00

Breakfast and check-out

09:00 – 09:45

Parallel session C

<p>C1a</p> <p><i>Historical perspectives on Beitostølen Helsesportssenter - 50 years</i> Inge Morisbak, former Director of Education, Research and Development at BHSS, No 45 minutes</p>	<p>C2</p> <p><i>Supporting children and youth to leisuretime activities</i></p> <p>C2a <i>PAPAI</i> Aija Saari, PhD Research Manager Finnish Sport Association of</p>	<p>C3 Symposium</p> <p><i>Inclusion in PE and other physical activities</i></p> <p><i>Learning examples from The National Agency for Special Needs and Schools (SPSM)</i> Lena Hammar & Karin Fröding</p>
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<p>B1b <i>APA instructors in municipalities, since 1984 (The Finnish system)</i> Tiina Siivonen, APA-network coordinator Finnish Sport Association of Persons with Disabilities 45 minutes</p>	<p>Persons with Disabilities 30 minutes</p> <p>C2b <i>Superlederprojektet</i> Peter Koch Hansen, udviklingskonsulent, Parasport Denmark 30 minutes</p> <p>C2c</p>	<p>Specialpedagogiska Skolmyndighet, SE</p> <p>(Therese Wilhelmsen?, NO)</p> <p>Birgit Flygstrup & Tine Soulié, DK</p>
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11:00 – 11:45

Keynote

The mean of Egmont Folk Highschool is personal formation, and interaction between people with different lives and opportunities, through sports and outdoor activities. What does that mean for the participants?

Peter Scharling, teacher, master in outdoor life & Lisa Schlage, teacher, master in sports and health

12:00 – 13:00

Lunch, kisses, hugs and goodbye